

Kilkenny Primary School Canteen Menu

PRICES EFFECTIVE – TERM 1, 2017

**** CANTEEN OPEN - TUESDAY & WEDNESDAY ONLY ****

- * Please avoid using \$50 or \$20 notes for payment if a large amount of change is required.
- * If you would like your change from your lunch order at recess you must write that on your lunch bag so it can be organised for collection from the canteen during recess.
- * Late orders to be taken to canteen – will be fulfilled if time allows or substitute lunch will be supplied.

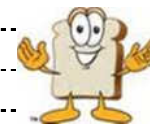


** Green Foods - Best Choice

** Amber Foods - Sometimes

LUNCH FOODS (Orders required – lunch bags & price lists should be in classrooms)

** Homus dip is available for wraps ** Wraps will be made with mayo unless homus is requested		
** Egg is available (extra \$1.00) for all wraps / Salad, Chicken & Ham Boxes **		
* Salad Dressing sachets are supplied with all salad boxes *		
** Healthy Pita Wraps - lettuce, cucumber, carrot, tomato, cheese & mayo - choice of lean chicken fillet or ham or (4) fish fingers or (4) chicken nuggets (Egg \$1.00 extra)		6.00
** Healthy Salad Pita Wrap (lettuce, cucumber, carrot, tomato, cheese & mayo) (Egg \$1.00 extra)		5.00
** Fresh Salad Box – lettuce, cucumber, cherry tomatoes, carrot, cheese		5.00
** Warm Chicken Salad Box – lean chicken fillet with salad as in Fresh Salad Box (Egg \$1.00 extra)		6.00
** Ham Salad Box – Ham with salad as in Fresh Salad Box (Egg \$1.00 extra)		6.00
** Egg Salad Box - (1) hard boiled egg with salad as in Fresh Salad Box		6.00
** Chicken Crunchy Noodle Salad – mixed lettuce, chinese cabbage, red cabbage, carrot, Crunchy fried noodles + dressing		6.50
** Boiled Egg (in plastic cup w/lid)		1.50
** Mini Chicken Wrap – 2 oven baked chicken nuggets, lettuce & mayo on mini pita wrap		3.00
** Mini Fish Wrap – 2 oven baked fish fingers, lettuce & mayo on mini pita wrap		3.00
** Veggie Burger – vegetable pattie with lettuce, tomato & mayo on roll with sesame seeds		5.50
** Chicken Burger – lean chicken fillet, lettuce, tomato & mayo on roll with sesame seeds		5.00
** Vegetable Lasagne 200gr		4.00
** Beef Lasagne 200gr		4.00
** Macaroni Cheese 200gr		4.00
** Beef Pie or Vegetable Pastie – (low fat, low salt) – Tomato/BBQ sauce .30c extra		3.70
** Chunky Chicken and Vegetable Pie		4.20
** Sausage Roll – (low fat, low salt) – Tomato/BBQ sauce .30c extra		2.70
** Chicken Nuggets oven baked (low fat chicken breast) (Minimum order of 3) sauces extra .30c ea		.60
** Hot Dog Plain - Tomato, BBQ, or mustard available @ additional .30c ea cheese available @ additional .50c		3.20
** Sandwiches		
** Vegemite		2.00
** Cheese		2.50
** Ham or Egg		3.00
- Additional toppings @ .30c ea (lettuce, tomato, cucumber, carrot) / cheese extra .50c - Tomato, BBQ sauce, mustard or mayo available @ additional .30c ea - Toasting available @ additional .50c		
** Please note extra sauce sachets are available (Tomato & BBQ only) **		.30ea

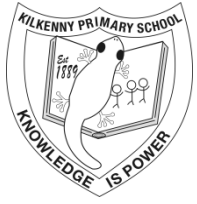


* MEAL DEALS *

SNACKS FOODS

DRINKS Etc

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MEAL DEALS –Please write which flavour drink (choc/strawb milk)(apple/orange/apple&blackcurrant juice)
If Egg is wanted with Meal Deal 1, 2, 3, 4 or 5 you must add \$1.00 to price

** #1	Healthy Pita Wrap (fillet, nugget or fish finger) with a Juice, Flavoured Milk, or Up&Go - Please write which base (chicken, ham, nugget or fish finger)		7.50
** #2	Healthy Salad Pita Wrap with a Juice, Flavoured Milk or Up&Go		6.50
** #3	Fresh Salad Box with a Juice, Flavoured Milk or Up&Go		6.50
** #4	Chicken Salad Box with a Juice, Flavoured Milk or Up&Go		7.50
** #5	Ham Salad Box with a Juice, Flavoured Milk or Up&Go		7.50
** #6	Egg Salad Box with a Juice, Flavoured Milk or Up&Go		7.50
** #7	Chicken Crunchy Noodle Salad with a Juice, Flavoured Milk or Up&Go		8.00
** #8	Macaroni & Cheese with a Juice, Flavoured Milk or Up&Go		5.50
** #9	Vegetable Lasagne 200gr with a Juice, Flavoured Milk or Up&Go		5.50
** #10	Beef Lasagne 200gr with a Juice, Flavoured Milk or Up&Go		5.50
** #11	Mini Chicken Wrap with a Juice, Flavoured Milk or Up&Go		4.50
** #12	Mini Fish Wrap with a Juice, Flavoured Milk or Up&Go		4.50
** #13	Veggie Burger with a Juice, Flavoured Milk or Up&Go		7.00
** #14	Chicken Burger with a Juice, Flavoured Milk or Up&Go		6.50

SNACK FOODS (Available at recess and lunch direct from canteen – no order necessary)

** Large Muffin	(flavours will vary)		1.00
** Mini Muffin	(flavours will vary)		.30
** Pikelets	Plain		.30
** Banana Cake			1.00
** Pretzels	30g bag		.70
** Fresh Fruit (Seasonal)	Fruit and prices will vary. Over the counter sales only – not via lunch order		
** Cheese Sticks			1.00
** Carrot Sticks	Over the counter sales only – not via lunch order		.05
** Popcorn	(plain)		.50
** Jatz Crackers	(3pack)		.50
** Jatz Crackers	with Cheese portion		1.50
** Lite Cheese Portion	(sealed pack)		1.00
** Ajita Vege Chips	Natural		1.00
** Custard Vanilla Cup	Low Fat		1.80

DRINKS & ICE BLOCKS (Available at recess and lunch direct from canteen – no order necessary)

** Spring Water	600ml		1.00
** Fruit Juice	(Apple, Orange & Apple & Blackcurrant)		2.00
** Strawberry Low Fat Milk	250ml		2.00
** Chocolate Low Fat Milk	250ml		2.00
** Plain Milk	Devondale		1.00
** Up&Go	250ml Chocolate, Vanilla & Strawberry		2.00
** Slushies	fruit flavoured		2.00
** Vanilla Ice Cream Cup			1.00
** Quelch Ice Block Stick	70ml 99% fruit		.70
** Paddle Pop	Banana		1.50